

## Chapter 1

## 日常用语

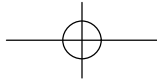
### 电视节目分类



天气预报 weather forecast	脱口秀 talk show	动画片 animation/cartoon
智力竞答节目 quiz show	音乐纪录片 music documentary	烹饪节目 cooking
娱乐节目 entertainment	新闻 news	广告 commercial/ advertisement
预告片 trailer	电影 film	情景剧 sitcom (situation comedy)
电视系列片 TV Series	肥皂剧 soap opera	科幻片 science fiction
专题片 feature programme	纪录片 documentary	文艺晚会 variety show
戏剧 drama	动物世界 Animal World	美剧 US TV series

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## 起床



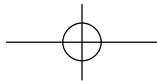
起床!	Get up!
快起床。	Get up soon!
快点儿!	Hurry up!
	hurry 赶紧
把被褥叠好。	Fold up your bedding.
醒一醒!	Wake up!
现在起床太早了。	It's too early to get up.
我还很困。	I'm still sleepy.
	sleepy 欲睡的; 困乏的
把衣服穿上。	Get dressed.
你听到闹钟响了吗?	Did you hear the alarm?
穿上裤子。	Put on your pants.
别忘了扣扣子。	Do not forget to button up.
	button up 扣住
不要把鞋子穿错了。	Do not wear your shoes on the wrong feet.



## 洗漱



打开窗户透透气。	Open the window and air the room.
看看领子翻好了没有。	Be sure to flip down your collar.
卷好袖子。	Roll up your sleeves.
	sleeve 袖子
照照镜子。	Look in the mirror.



把头发梳一下。

Comb your hair.

comb 梳头发

用肥皂洗。

Use some soap.

挂好毛巾。

Put up the towel.

现在该刷牙了。

It's time to brush your teeth now.

漱漱口，不要把水吞了。

Rinse your mouth and don't  
swallow the water.

rinse 漱

swallow 吞下，咽下

洗你的脸、眼睛、鼻子、耳朵以  
及脖子。

Wash your face, your eyes, nose,  
ears and your neck.

不要把衣服弄湿了。

Don't get your clothes wet.

用完毛巾后，把它拧干。

Wring out your towel after you use it.

wring out 拧干

towel 毛巾

有顺序地放好东西。

Put everything in order.

用完厕所，不要忘了冲。

Don't forget to flush the toilet after use.

flush the toilet 冲厕所

### 3 吃饭



该吃饭了！

It's time to eat.

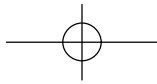
现在该吃早饭了。

It's time to have breakfast.

breakfast 早餐，早饭

晚饭准备好了。

Dinner is ready.



吃些什么?

What's to eat?

你去摆餐桌好吗?

Would you set the table?

甜点吃些什么?

What's for dessert?

dessert 甜点

尝起来不错。

It tastes great.

再来一点儿吗?

Some more?

每一样都很好吃。

Everything is absolutely delicious.

absolutely 绝对地, 完全地

请给我添点菜行吗?

Could I have seconds, please?

擦擦嘴。

Wipe your mouth.



## 睡觉



该睡觉了。

Time for bed.

到睡觉时间了。

It's bed time.

你定好闹钟了吗?

Have you set the alarm clock?

我要去睡觉了。

I'm going to bed.

我要上床去了。

I'm off to bed.

现在你们该去睡觉了。

Now you have to go to sleep.

我困了。

I'm sleepy.

我太累了, 一会就睡着了。

I'm so tired that I'm going to fall asleep soon.

fall asleep 入睡, 睡着

把你的床铺好。

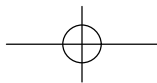
Make your bed.

晚安!

Good night!

好好睡觉!

Sleep well!



祝你好梦。

Sweet dreams.

dream 梦，做梦

## 5 上学



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我上学从不迟到。

I never come to school late.

我一周上学 5 天。

I attend school five days a week.

attend school 上学，去上学

你怎么去上学的？

How do you go to school?

我穿过田野抄近路去上学。

I took a short cut across the field to  
get to school.

我每天搭公车去上学。

I go to school by bus every morning.

by bus 乘公共汽车

我厌倦每天上学。

I'm tired of going to school day after  
day.

这是我上学的第一天。

It's my first day of school.

我明天一早就去上学。

I'll go to school tomorrow morning.

我们每天都去上学。

We go to school every day.

我有时走路去上学。

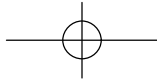
I sometimes go to school on foot.

sometimes 有时

我今天不能去上学了。

I can't go to school today.

你是说我们只能步行去上学了吗？  
Do you mean we have to walk  
to school?



## 看电视



你整天看电视。

You're a couch potato.

couch potato 沙发土豆, 成天看电视的人

你喜欢这个节目主持人吗?

Do you like the host of that show?

host 节目主持人

我们最好换个频道。

We'd better change / turn to another channel.

你昨晚看的是几频道?

What channel did you watch last night?

节目开始播出了。

The show is on.

你最喜欢的电视节目是什么?

What are your favorite TV shows?

favorite 最喜爱的

接下来播出的是夜间新闻。

The late night news is coming up.

我昨晚没有看电视。

I didn't watch TV last night.

我受不了这些电视节目。

I can not stick the TV program.

stick 坚持

我喜欢的肥皂剧要上演了。

My favorite soap opera will be on.

我最喜欢的节目是卡通片。

Cartoon is my favorite program.

program 节目



## 询问时间



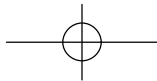
现在几点了?

What's the time?

你的表准吗?

Is your watch reliable?

reliable 可靠的, 可信赖的



请问现在几点了?	Could you tell me what time it is?
你知道现在几点吗?	Do you know what time it is?
你戴表了吗?	Do you happen to have the time?

have the time 知道现在是几点钟

现在 9 点整。	It's nine o'clock.
现在六点五分。	It's five past six.
现在六点五分。	It's five after six.
现在差十分七点。	It's ten to seven.
现在六点五十分。	It's six fifty.
现在差一刻八点。	It's a quarter to eight.
现在差一刻八点。	It's a quarter till eight.
现在是 9 点半。	It's nine thirty.
现在是 9 点半。	It's half past nine.



## 查看日期



今天是几号?	What's the date today?
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date 日期

今天星期几?	What day is it today?
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你的生日是哪天?	When is your birthday?
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birthday 生日

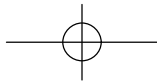
现在是几月份?	What month is this?
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我出生于 1990 年 6 月 6 号。	I was born in June 6th in 1990.
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今天是七月 1 日。	It's July first.
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今天是十月一日。	It's the first of October.
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今天星期一。	It's Monday.
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今天是周日。

Today is Sunday.



## 谈论天气



今天天气怎么样?

What's the weather like today?

天气 weather

今天气温如何?

What's the temperature today?

这天气糟透了, 是吗?

Lousy weather we're having.

lousy 极坏的

你认为会下雨吗?

Do you think it will rain?

外面的天气怎么样?

What's it like outside?

阳光明媚。

The sun is shining.

下雨了。

It's raining.

外面真冷。

It's really cold out.

天气很好。

Nice weather we are having.

总是下雨。

Lovely weather for ducks.

多猛烈的暴风雨啊!

What a storm!

开始下雨了。

It's beginning to rain.

天放晴了。

It's clearing up.

clear up 放晴

雨下得真大。

It's raining heavily.

今天比昨天冷多了。

It's much colder than yesterday.

今天风很大。

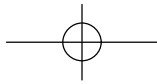
It's rather windy today.

天似乎要转晴了。

It seems to be clearing up.

seem 似乎, 像是





天气越来越暖和了。

It's getting warmer and warmer.



## 10 谈论工作



你觉得你的工作怎么样?

What do you think of your job?

你找到一份不错的工作了吗?

Did you find a good job?

说实话, 我的工作有点难而且还很枯燥。

To tell the truth, the work is very hard and boring.

boring 无聊的

我非常喜欢我的工作。

I really enjoy my work.

你工作真辛苦!

You work so hard!

我对这份工作很满意。

I'm satisfied with my job.

satisfied 满意的

这份工作很适合我。

This job is suitable for me.

be suitable for 适合于

我的收入不错。

I have a well-paid job.

这份工作很有挑战性。

The career offers a challenge.

我对这份工作很不满意。

I'm quite dissatisfied with this job.

我厌倦了这种无聊的工作。

I'm tired with this boring job.

这份工作使我很反感。

The work really turns me off.

工资太低了。

The salary is very low.

我现在的压力很大。

I'm under great pressure now.

pressure 压力

我感觉累垮掉了。

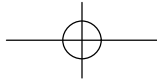
I feel like wiped out.

在这家公司我感觉很郁闷。

I'm really depressed in this company.

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我毫无工作热情。

I don't have any zest for work.

 zest 热情, 强烈的兴趣

我无法忍受日复一日做同样的工作。I can't bear doing the same thing  
day by day.



## 谈论美食



这菜风味绝佳。

This dish has an excellent flavor!

 excellent 极好的

这个比萨非常好!

This pizza is exceedingly good!

这块鸡肉烧得太老了。

Well, the chicken's overdone.

 overdone 煮得过长

它的味道真的很好。

It tastes really good.

 taste 尝起来

猪排太香了。

These pork chops are great.

鳕鱼怎么样?

How's the haddock?

奶酪蛋糕非常可口。


The cheesecake is very tasty.

看上去真好吃。

This looks delicious.

真辣呀!

It's too spicy!

 spicy 辛辣的

生鱼片闻起来味道不错。

The sliced raw fish smells good.

我从未吃过这么美味的东西。

I've never tasted anything as  
delicious as this.